

What are the ingredients of Traumeel® Injection Solution?

Traumeel® Injection Solution is a combination formulation of botanical substances and mineral substances that are highly diluted. Traumeel® is officially classified as a homeopathic combination remedy. Each 2.2 ml ampule of Traumeel® Injection Solution contains¹:

Arnica montana, radix 2X (2.2 mcl), Belladonna 2X (2.2 mcl), Calendula officinalis 2X (2.2 mcl), Chamomilla 3X (2.2 mcl), Millefolium 3X (2.2 mcl), Hepar sulphuris calcareum 6X (2.2 mcl), Symphytum officinale 6X (2.2 mcl), Aconitum napellus 2X (1.32 mcl), Bellis perennis 2X (1.1 mcl), Mercurius solubilis 6X (1.1 mcl), Hypericum perforatum 2X (0.66 mcl), Echinacea 2X (0.55 mcl), Echinacea purpurea 2X (0.55 mcl), Hamamelis virginiana 1X (0.22 mcl), sterile Isotonic Sodium Chloride Solution.

Sources:

1. Traumeel® Injection Solution - Package Insert
2. Lozada C et al. A Multi-Center Double-Blind, Randomized, Controlled Trial (db-RCT) to Evaluate the Effectiveness and Safety of Co-Administered Traumeel® (Tr14) and Zeel® (Ze14) Intra-articular (IA) Injections Versus IA Placebo in Patients with Moderate-to-Severe Pain Associated with OA of the Knee ACR Annual Meeting, Abstract Number: 2896. 2014.
3. Kershot, J. *Biopuncture in General Practice. A Practical Guide for Family Physicians.* 2004. Inspiration Publishing.
4. Mueller-Loebnitz, C., Goethel, D. Review of the Clinical Efficacy of the Multi-component Combination Medication Traumeel and its Components. *Alternative Therapies* Mar/Apr 2011. Vol 17. No.2 Suppl. S18-S30.

**These statements have not been reviewed by the Food and Drug Administration. They are supported by traditional homeopathic principles.*

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Traumeel®

Injection Solution Rx



Pain Relief
That Doesn't Hurt.



Traumeel® Injection Solution could be right for you if:

- You are not getting adequate pain relief from physical therapy and/or OTC pain medications, including Ibuprofen (e.g., Advil®), Acetaminophen (e.g., Tylenol®), Naproxen sodium (e.g., Aleve®)
- You experience adverse events from other pain medications and are looking for a medication with an excellent safety profile
- You are taking several medications and want to reduce the risk of drug-to-drug interactions when adding another pain medication
- You are unable or unwilling to tolerate prescription NSAIDs, steroid injections (e.g., Kenalog®), or Viscosupplements (e.g., Euflexxa® or Synvisc®)
- You are suffering from diabetes, heart disease or other risk factors that complicate treatment with standard medications
- You need additional treatment between steroid cycles or after receiving viscosupplementation/hyaluronic acid injection

If you meet these criteria, ask your doctor about Traumeel® injection therapy!

What are conditions commonly treated with Traumeel® Injection Solution?

- Knee pain from arthritis or osteoarthritis (joint injections)²
- Back pain and other musculoskeletal pain (trigger point injections often in combination with Spascupreel® Injection Solution or Neuralgo-Rheum® Injection Solution^{3,4})
- Pain related to fibromyalgia (tender point injections)^{3,4}
- Pain related to rotator cuff syndrome^{3,4}
- Pain related to carpal tunnel syndrome^{3,4}
- Pain related to tendinitis/epicondylitis, ankle sprains, strains and other common sport injuries^{3,4}
- Podiatric conditions like Morton's neuroma or plantar fasciitis^{3,4}

How does Traumeel® Injection therapy work for you?

Traumeel® contains highly diluted ingredients that reduce pain and inflammation associated with a broad range of conditions. A recent clinical study showed knee joint injections with Traumeel® Injection Solution in combination with Zeel® to be a safe and effective treatment of moderate to severe pain in patients with knee osteoarthritis.² The exact mechanism of action of Traumeel® Injection Solution is not yet fully understood.

What are the benefits of Traumeel® Injection Solution in pain management?

- Established efficacy and safety data in multiple clinical trials.
- Non-narcotic, non-addictive, non-NSAID and non-steroid
- No known drug interactions/Easy to combine with other medications
- Excellent safety profile.²
- Performed at your physician's office with a simple procedure

How is this therapy given?

Your doctor will administer one or a series of injections of Traumeel® Injection Solution, depending on your condition and type of pain. The drug can be applied as an intramuscular (into a muscle), subcutaneous (under the skin) or intra-articular (into a joint) injection. Traumeel® can also be combined with other drugs. For example, your doctor may recommend a local anesthetic to reduce the possible discomfort associated with the injection, add Zeel® Injection Solution for joint pain, or Spascupreel® for muscle spasms associated with back pain.

Who should NOT have this therapy?

People who:

- Are allergic to any of the ingredients of Traumeel® Injection Solution.
- Have infections or skin diseases in the injection area

How safe is the treatment with Traumeel® Injection Solution?

This therapy is considered very safe. Traumeel® Injection Solution is not known to cause any drug-to-drug interactions and reports of adverse events are exceptionally low. The following adverse events have been identified during post-marketing use. Because these events are reported voluntarily from a population of uncertain size, it is not always possible to reliably estimate their frequency or establish a causal relationship to drug exposure.

Adverse event rates reported in monotherapy use of Traumeel® Injection Solution: Allergic (hypersensitivity) reactions (e.g. skin allergies, redness/swelling at the injection site, even up to anaphylaxis) may occur in isolated cases.¹

The safety and effectiveness of the therapy has not been established in pregnant women, lactating women, and children.¹

Pain Management with Traumeel® Injection Solution

The idea behind most pain medications is simply to mask pain long enough for the injury or condition to heal. For the most part, pain associated with injury will resolve on its own within two to three weeks. For many patients, however, the pain persists for months or even years. Often there is no direct cause for the pain to continue, but when it does continue, this is considered chronic pain. The cause could be any number of reasons, including that the pain medication may not work as well as it once did. When this happens, chronic pain treatment requires care by a more specialized team of medical professionals along with another approach to medication.

One proven treatment for chronic pain is injection therapy. Traumeel® Injection Solution is safe and effective for long term use. It can support your body to regulate excess inflammation, reduce pain and promote healing. Traumeel injections are indicated as a mono-therapy, for the treatment of injuries, inflammatory and degenerative conditions of the musculoskeletal system and for the relief of associated symptoms such as pain, and in combination with Zeel® Injection Solution, for the treatment of inflammatory and degenerative conditions of the musculoskeletal system, such as arthrosis /osteoarthritis and/or rheumatic joint diseases.¹



Pain Relief That Doesn't Hurt!

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